

Name: \_\_\_\_\_

## Act of Contrition

Directions: Fill out the worksheet using the word bank.

My \_\_\_\_\_, I am \_\_\_\_\_ for my sins with all my  
\_\_\_\_\_. In \_\_\_\_\_ to do \_\_\_\_\_ and  
\_\_\_\_\_ to do \_\_\_\_\_, I have \_\_\_\_\_  
against you whom I should \_\_\_\_\_ above all things. I firmly  
\_\_\_\_\_, with your \_\_\_\_\_, to do \_\_\_\_\_,  
to sin no more, and to \_\_\_\_\_ whatever \_\_\_\_\_ me to sin.  
Our Savior \_\_\_\_\_ Christ suffered and \_\_\_\_\_ for us. In His  
name, my God, have \_\_\_\_\_.

Word bank:

Help	Failing	Jesus	Mercy	God
Sorry	Sinned	Penance	Amen	Avoid
Died	Leads	Good	Choosing	Love
Heart	Intend	Wrong		